

SOLO PARTICIPANTS

Race Safety: (Road is open to the public)

Run on the right at all times, follow instruction of the SES Marshals, no iPods etc, and wear light coloured clothing if possible. Support vehicles drive ahead to changeover points not beside runners. Park as far off the road as possible. Please use hazard lights.

Bib collection:

Solo runners Friday from 11am until 6.00pm at the CWA hall – corner of Bruny Island Main Road and Killora road – approx. 6km from start line and Saturday from the start line at Dennes Point.

Support crew:

ALL solo runners must have at least ONE support crew (no support crews are provided by the event organisers)
Support crews are not to travel alongside runners - they wait for their runners at the 2km changeover points.

Start time:

Solo runners choose their own start time so as to finish at the lighthouse door between 11:00am and 2.30pm
Earliest start time is 4.00am
Maximum run time limit is 10.5 hours

Start protocol:

Start times are staggered at to ease road congestion and only one participant across start timing matt at a time to ensure accuracy.

When registering you nominate a start time (if this changes— you do not need to notify organisers).

Start protocol:

Individuals check in at the registration desk at Dennes point, collect a bib then proceed to starter when ready to start. **Timing chips are placed on solo bibs.**

Make sure you have your bib on you at the start and finish of the race.

Aid stations:

All participants are responsible for their own water throughout the event

Participants should bring water with them to the Island. It is the responsibility of all runners to ensure they have sufficient food and water.

A water container will be beside 40 km changeover marker adjacent to Bruny Hotel and a drink station with sponsored Gatorade at the Lunawanna Hall 20km from the finish.

Toilets:

Start, CWA hall, Neck car park, Community Centre and Bruny Hotel in Alonnah, Lunawanna Hall, and at the finish.

Presentations:

At Bruny Hotel beer garden from 3:15pm.

Accommodation:

Bruny Island has a number of accommodation options available online (brunyislandultra.com.au)

Camping is available at Dennes Point Oval/Tennis Club, Sports Road, not at the CWA hall due to COVID restrictions.

Parks and Wildlife fees: <https://passes.parks.tas.gov.au/> Confirmation has not been received to waiver Park entrance fees yet but hopefully we can announce before Saturday. Link above should we need to Purchase. Remember dogs are not permitted, including inside vehicles. To reduce congestion at the Lighthouse please grab a photo with finishing sign and return to presentation venue where we will feed and rehydrate you at Hotel Bruny outdoor area. Patrons if inside must be seated to consume a beverage.

Other notes:

The event is on notice this year, for the ongoing future of the event we must reduce the vehicle congestion at the lighthouse. A parking area 4km from the finish will be signed and marshalled for parking of vehicles that do not need to proceed to Lighthouse. Please carpool and utilise this area or park back from the lighthouse and keep a clearway for traffic flow. Those who park here will receive an event souvenir (while stocks last)
<https://www.coronavirus.tas.gov.au/keeping-yourself-safe/covid-safe-behaviours>



Runners choose their own start time. The earliest start time is 4:00am.

Runners/teams must calculate their approximate run time so that they do not finish before 11am (and no later than 2:30pm). There will be no timers at the finish before 11am so if you arrive earlier you will not receive an official time.