

# **Bruny Island Running Event 2025**

### **MARATHON EVENT INFORMATION – SOLO PARTICIPANTS**

### **Race Safety**

The road is open to the public so you **MUST** comply with waiver terms agreed to at registration. Non-negotiable safety guidelines:

- **1.** Run in single file on verge on right-hand side of road **NOT ALONGSIDE** other competitors.
- 2. It is mandatory to wear high-visibility or light-coloured clothing.
- **3.** Keep off road at changeover locations.
- 4. Follow directions of all Police, Marshals and SES.
- Support vehicles MUST display hazard lights.
- **6.** Obey all Tasmanian road rules Police will be patrolling and enforcing compliance.
- 7. iPods, headphones etc should not be used.
- **8.** Support vehicles **MUST** drive ahead to changeover points, not beside runners. Park on the left as far off the road as possible when providing assistance.

#### **Bib** collection

Race bibs are fitted with timing chips and you can't start without one. Bibs can be collected on Friday 28 November from 10am until 6pm at the CWA Hall – corner of Bruny Island Main Road and Killora Road (6km from start line) or Saturday from the start line at Dennes Point.

## Starting time and process

A briefing will be held at the start point at 8.30am with a start directly afterwards. Before the briefing ensure that you have checked in at the registration table and have your race bib attached and are ready to start directly after the briefing. Your timing chip is attached to your race bib. Importantly all support vehicles will need to leave before the race starts. Support vehicles are NOT to provide runner assistance before the CWA Hall (6km from start), and only at 2km changeover locations thereafter (clearly identified every 2km for the entire course)

## Support crew

**ALL** solo runners must have **AT LEAST ONE** support crew (no support crews are provided by the event organisers). Support crews **MUST NOT** travel alongside runners – they must wait for their runner at the 2km team changeover points.

#### Food and water

It is the responsibility of all runners to ensure they have sufficient food and water throughout the event. Participants or support crews should bring food and water with them to the island. However, self-serve water stations will be located at the following locations: 10km, 18km, 26km, 33km and 39km.

MAKE SURE YOU HAVE YOUR BIB ON AT THE START AND FINISH OF THE RACE.



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#### **Toilets**

Available at the start, CWA hall, The Neck car park, Community Centre and Bruny Hotel in Alonnah.

#### **Presentations**

Bruny Hotel beer garden from approximately 1pm with main event presentation at 3.15pm. Some food is provided as part of your registration, beverages and hotel menu available at own cost. Click **HERE** for a link to post-event festivities.

#### **Accommodation**

Camping is available at CWA Hall oval with bathroom facilities (\$15pp donated to Volunteer Fire Brigade, pay the team in the hall). There's heaps of room, no need to book.

#### Medical assistance

Call 000 for emergency. Non-emergency: Community Health Centre, 16 School Road, Alonnah 03 62931143. St John Ambulance Event Health Services will be located at the Lighthouse.

## **Course description**

#### Strava Flyover 3D replay

Starting at Dennes Point Jetty, course follows Bruny Main Road south on C625 and B66 to Alonnah where runners are directed right onto Pontoon, following bunting past boat ramp onto Sheepwash walking track to a turnaround, heading back to Main Road and then past Bruny Hotel for finishing loop via a right-hand turn into William Carte Drive and finish at back of hotel. Alonnah out and back on Sheepwash track and finish loop along William Carte Drive.

#### **Contacts**

Race Director 0427517737. Email brunyislandrun@gmail.com Website brunyislandultra.com.au

## Ferry timetables & fares for Bruny Island | SeaLink Bruny Island

Additional ferries will be scheduled on the day. Please try not to arrive at the ferry terminal before 7am to allow earlier starting competitors (Ultras) to arrive at Dennes Point before the marathon runners.

## **SEALINK** Bruny Island Running Event 2025 is also sponsored by:

















